

## **User Information Guide**

### postural control for disability

## Knee-Leg Support

### How to use the Knee-Leg Support

Before unwrapping the support, please check that the product is the correct size and a good fit. As unwrapped products cannot be returned, credited or exchanged due to health and hygiene reasons. See returns policy enclosed.

Place the client in the supine lying position on the bed or floor, positioning them as symmetrically as possible.

Lift both legs and position the Knee-Leg Support so that the back of the knee rests onto the Support.

Lift the legs with one hand close to the ankles and slide the support under.

A small pillow, placed under the lower legs, may be required to relieve pressure under the heels.

There are two sizes of the Knee-Leg Support. Should the one in use not appear comfortable for the user or not provide the degree of support required, the smaller or larger size might be required. In such circumstances refer back to the medical professional who recommended the size selected.

#### Note

As with all new positioning equipment, it should be gradually introduced and the use carefully monitored.

### This Knee-Leg Support is not recommended if...

- Severe knee flexion contractures prevent the knee from resting on the Support.
- In any situation where supine lying may be contra—indicated eg. risk of aspiration.

### Washing and Cleaning

Please see details overleaf.







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# Washing & Cleaning

## Foam Filling

The foam should not be allowed to become penetrated with any substances, It can be sponged clean, but should NOT be immersed in water. The Foam filling should be replaced when there are signs of deterioration, or if it becomes contaminated.

### Drying

Ensure the foam is completely dry before covering. Drying at air temperature.

## Waterproof Titex Covers

Superficial dirt on the surface may be removed by wiping with a soft cloth moistened with hand hot water and a neutral detergent. Care should be taken when removing and replacing covers. More persistent contamination may be removed by wiping with methylated or white spirit followed by hand hot water and detergent. Abrasive cleaning agents should not be used. See also Washing below. Covers should be replaced if or when the material becomes worn.

### **Hygiene and Disinfection**

Cleaning and disinfection may be undertaken on the exterior covering. Proprietary disinfectants may be used provided the manufacturers' instructions are followed.

### Washing

The cover may be machine washed at up to 60° C using normal detergents.

### Drying

Adequate drying is a crucial factor in the care of the material. Drying may be affected by hanging out, spinning or tumbling at temperatures up to 100°C. Ensure the cover is completely dry on the inside, with no trapped moisture around the seamed joints, before recovering the foam.

### Storage

Store in a cool dry area.

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